

January MEMORY CARE

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BIRTHSTONE – Garnet FLOWERS – Carnation COLORS – Black & Dark Blue	HAPPY NEW YEARS!! 1 10:00 Exercise Time 10:30 Sing a-long & Baking 1:00 Sports 2:30 Family Feud	10:00 Exercise Time 10:30 Pet Therapy 11:00 Trivia 1:00 Sports 2:30 Family Feud	10:00 Morning Stretch 10:30 Trivia and Snacks 1:30 Sports 3:00 Arts & Crafts	NATIONAL BIRD DAY 10:00 Exercise Time 10:30 Making Peanut Butter and bird seed feeders 2:30 Bingo 4:00 Trivia	10:00 Exercise Time 10:30 Pet Therapy 11:00 Trivia 1:00 Sports 2:30 Family Feud
9:00 Spiritual Music Appreciation 10:00 Religious Services 11:00 Snacks and Songs 1:30 Afternoon Football 3:00 Table Games	Happy Birthday Shirley! 2 10:00 Exercise Time 10:30 Sing a-long & Baking 1:00 Sports 2:30 Family Feud	10:00 Exercise Time 10:30 Arts & Crafts 11:00 Sing-Along 2:30 Bingo 4:00 Trivia	10:00 Exercise Time 10:30 Pet Therapy 11:00 Trivia 1:00 Animal Web Cams 2:30 Family Feud	10:00 chair dancing 10:30 music and munchies 11:00 Name 10 trivia 1:30 Movie Matinee 3:00 table games	10:00 Exercise Time 10:30 Sing a-long & Baking 1:00 Sports 2:30 Family Feud	10:00 chair dancing 10:30 Pet Therapy 11:00 Name 10 trivia 1:30 Movie Matinee 3:00 table games
9:00 Spiritual Music Appreciation 10:00 Religious Services 11:00 Snacks and Songs 1:30 Afternoon Football 3:00 Table Games	Happy Birthday Maria!! 7 10:00 Morning Stretch 10:30 Trivia and Snacks 1:30 Sports 3:00 Arts & Crafts	10:00 Exercise Time 10:30 Sing a long and Baking 11:00 Our Home State Trivia 1:30 Music with Nurse Bob! Families Please Join Us!! 3:30 Table Games	10:00 Exercise Time 10:30 Pet Therapy 11:00 Trivia 1:00 Sports 2:30 Family Feud	WACKY HAT DAY!! 3 10:00 Exercise Time 10:30 Design and Make your own wacky hat!! 1:00 Sing a long in our hats!! 2:30 Family Feud	10:00 chair dancing 10:30 music and munchies 11:00 Name 10 trivia 1:30 Movie Matinee 3:00 table games	10:00 Exercise Time 10:30 Pet Therapy 11:00 Trivia 1:00 Sports 2:30 Family Feud
9:00 Spiritual Music Appreciation 10:00 Religious Services 11:00 Snacks and Songs 1:30 Afternoon Football 3:00 Table Games	10:00 Exercise Time 10:30 Sing a-long & Baking 1:00 Sports 2:30 Family Feud	10:00 chair dancing 10:30 music and munchies 11:00 Name 10 trivia 1:30 Movie Matinee 3:00 table games	10:00 Exercise Time 10:30 Pet Therapy 11:00 Trivia 1:30 Music with Nurse Bob! Families Please Join Us!! 3:30 Table Games	10:00 chair dancing 10:30 music and munchies 11:00 Name 10 trivia 1:30 Movie Matinee 3:00 table games	NATIONAL OPPOSITE DAY!! 8 LET'S HAVE SOME FUN AND DRESS BACKWARDS AND OPPOSITES!! 10:00 Exercise Time 10:30 Sing a-long & Baking 1:00 Opposite Fun Party!! 2:30 Family Feud	10:00 Exercise Time 10:30 Pet Therapy 11:00 Trivia 1:00 Sports 2:30 Family Feud
9:00 Spiritual Music Appreciation 10:00 Religious Services 11:00 Snacks and Songs 1:30 Afternoon Football 3:00 Table Games	Happy Birthday Joan!! 3 10:00 Morning Stretch 10:30 Trivia and Snacks 1:30 Sing a long 3:00 Arts & Crafts	10:00 Exercise Time 10:30 Sing a-long & Baking 1:00 Starting our Valentine's crafts 2:30 Family Feud	10:00 Exercise Time 10:30 Pet Therapy 11:00 Spring Decorations 1:00 Trivia 2:30 Family Feud	10:00 Morning Stretch 10:30 Trivia and Snacks 1:30 Animal Web Cams 3:00 Arts & Crafts		
Caregiver Support Group Meetings: 4th Wednesday of every month in our Main Library			*Activities Are Subject To Change*			